



Stephanie

Hi my name is Stephanie Paredes and I joined Sync or Swim when I was 11 years old. I have been coaching for the last 3 years and I love this team! My favorite color is Lavender and My favorite movie is Grease. I am attending Los Angeles Harbor College as a Communication Disorders major.

I have a dog Named Mickey and he is four years old. I enjoy school, swimming and working with Patti. I also love, Shopping, Dancing and hanging out with my friends.